

AMENDMENTS TO THE SPECIFICATION:

Please insert the Section Headings as follow:

Please add the following heading after the Title of the Invention, on page 1, line 2:

-- **Field of the Invention:** --

Please add the following heading on page 1, line 7:

-- **Background of the Invention:** --

Please add the following heading on page 1, line 21:

-- **Summary of the Invention:** --

Please add the following heading on page 9, line 19:

-- **Brief Description of the Drawings:** --

Please add the following heading on page 10, line 11:

-- **Detailed Description of the Preferred Embodiments:** --

Please add the Abstract of Disclosure as enclosed on page 3 of this Preliminary Amendment.

ABSTRACT OF DISCLOSURE

The invention provides composite components, structures and method for producing composite components. A composite component has a negative effective Poisson's ratio and comprises a first component and a second component. The first component and the second component extend longitudinally relative to an axis, the first component being provided around the second component through one or more turns which are spaced longitudinally relative to the axis. A variation in the tensile load on the first component causes the radial position of the second component relative to the axis to vary.